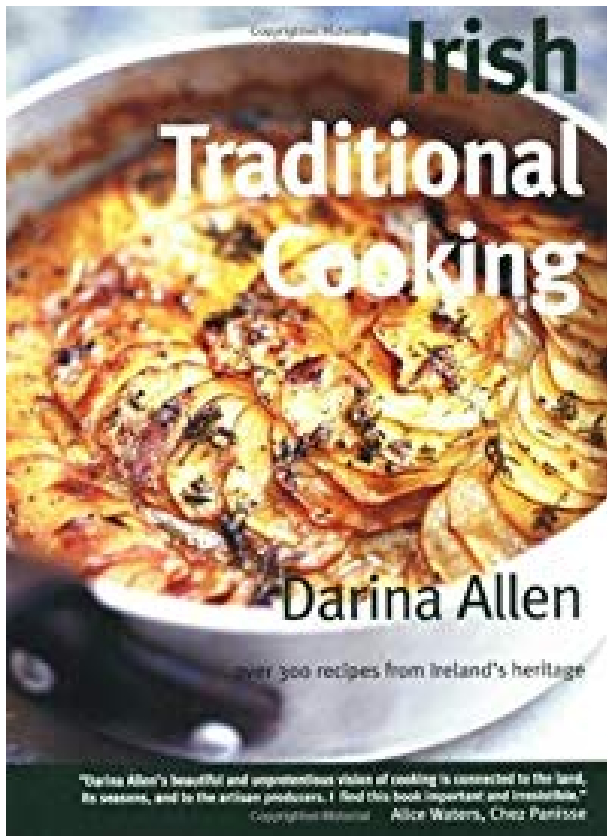


# Irish Traditional Cooking: Over 300 Recipes from Ireland's Heritage



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More than 300 traditional dishes, each recipe is complemented by tips, tales, historical insights and common Irish customs, many of which have been passed down from one generation to the next through the greatest of oral traditions.