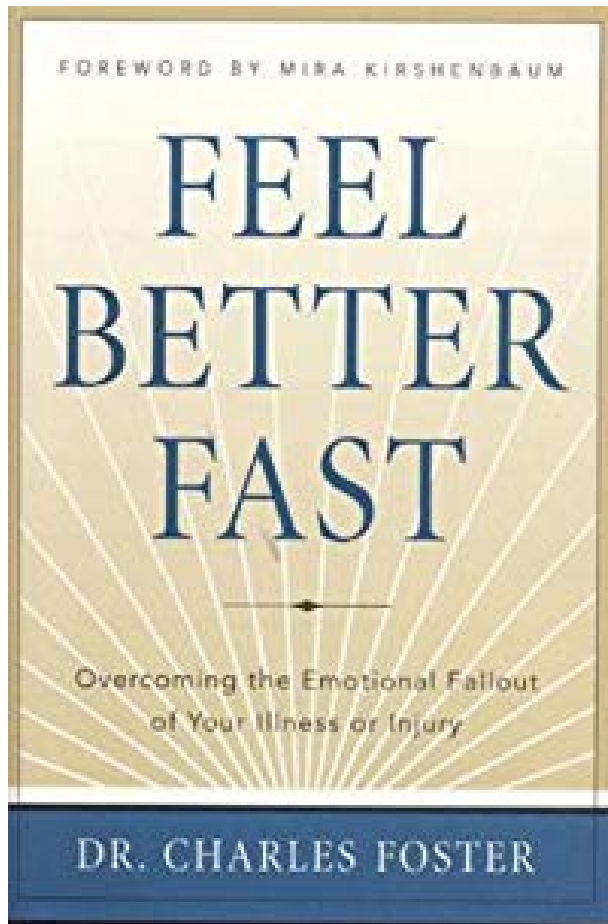


# Feel Better Fast: Overcoming The Emotional Fallout Of Your Illness Or Injury



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[Feel Better Fast: Overcoming The Emotional Fallout Of Your Illness Or Injury.epub](#)

A pioneering book that explores the impact that injuries and illnesses have on the mind. Severe emotional problems can stem from an ailment. Dr.

Charles Foster outlines how a positive mental recovery can lead to a healthier and rejuvenated sense of self.